



Introduction

Hello,

I'm Dr. Hope. My mission in life is to make the world a better place for children. I do this by writing children's books to help give kids a head start on life (The Life Lessons Series) and by my work with Childhelp USA a non-profit organization that fights child abuse.

Recently I've been shocked and horrified by the recent rash of child abductions, rapes, and murders. In order to combat this heinous problem I have researched and compiled a list of things that parents can do to protect their children. Please take the time to sit down with your children and go over this list. Together we can thwart the efforts of child predators and keep our children safe. Thank you.

Dr. Hope, J.A.P.D.

Dr. Hope's Child Safety Tips

Number One

Have your child memorize their full name, address, and phone number (with area code), also the full name of their parents/guardian/caregiver. Sit down with your child and have him/her practice repeating this information over and over until they have it down pat. Make a game of it and praise/reward them when they get it right.

Number Two

Teach your child that a bad person (predator) could look just like anyone. Even though most strangers are nice people and would not harm a child, any stranger could potentially be a predator and therefore you must have rules about strangers. Predators may try and trick your child so tell them never go with a stranger, **NO MATTER WHAT THE REASON**. Here are some tricks a predator might use (ask):

- 1 Would you help me find my puppy or kitty?
- 2 Would you like to get some ice cream?
- 3 Would you like to go with me to get some ____?
- 4 Want to go play at a new playground?
- 5 I have an extra ticket, want to go to the movies with me?
- 6 Can you help me find (an address, wallet, purse, or anything)?

Number Three

Tell your child to never approach a car to talk to a stranger for any reason. It only takes a second to be snatched inside.

Number Four

Teach your child that emergency help may be obtained by dialing 911. Be sure to explain that this is to be used **ONLY** when there is a real emergency like:

- 1 To summon the police because someone is trying to hurt them.
- 2 To summon the police because a crime is being committed.
- 3 To summon the fire department because there is a fire.
- 4 To summon an ambulance because someone is gravely sick or injured.

Number Five

In crowded places like stores and malls **DO NOT LET YOUR CHILDREN OUT OF YOUR SITE.**

Number Six

In the event that your child becomes lost, teach them to contact someone of authority like a store clerk and to explain to them that they are lost. Then ask the clerk to have you paged or to get a policeman for help. Again it is important that they know your full name in advance of being lost. Teach them not to go with anyone to look for you but to wait until a policeman arrives.

Number Seven

If you must send someone to pick up your child that he/she does not know be sure you have a pre-arranged codeword that only your child and that someone knows. Remember to tell your child the importance of not revealing that codeword to anyone and that a predator might try to trick him/her into revealing it.

Number Eight

Do not put nametags on your child's bike, books, or on the outside of their clothes. A predator might use this information and trick your child into going with them.

Number Nine

Tell your child to yell at the top of his/her lungs if he/she is being abducted: "Help me! This man is not my dad! Call the police!"

Number Ten

Have your child avoid walking alone.

Number Eleven

If the occasion should arise where you must leave your child home alone, tell him/her not to allow anyone in AND keep the door shut and locked. If there is a certain person(s), babysitter, or

someone else to be allowed in, you must tell your child in advance that ONLY that person is to be allowed in.

Number Twelve

Remember to talk about these tips often and to encourage your child to talk openly about things that bother them. Remind them often that they can talk to you about anything no matter how embarrassing or weird.

Dr. Hope is an award-winning children's book author. To find out more go to: <http://laughingday.com>

Click on this link to send this Ebook to a friend:

<mailto:?subject=Dr Hope's Child Safety Tips &body=http://laughingday.com/ldprods.htm>

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